**WISDOM SCHOOLS RWANDA 2024-2025**

**SCHEME OF WORK FOR HEALTH-HABITS**

**MIDDLE CLASS TERM II**

**Learning area : Relating with others in an acceptable way**

|  |  |  |  |  |  |  |  |  |  |  |
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| Wk | Da y | L/earning outcome | Content | Competence | Suggested development  activities | Methods | L/Activities | Instructiona l materials | Ref | REM |
| 1  and 2 | 1  to 3 | * Identifying * taking interest and observing people around me. | - Taking care of myself for proper growth and development | - I can observe and talk about people at home and learning centre | * Imitating body movement of people e.g walking like an old person. * identifying body sizes of people e.g big, small, tall, short. * telling news about people, events at home and at the learning centre. * Practicing good health habits. * Obeying and following rules of the group of people we   play with | * discussion * demonstra tion * explanatio n * role playing * recitation | * imitating * identifying * reciting * singing * playing games | * pictures * film shows | LFW Pg 12 |  |



**Learning area 2: Interacting with exploring knowing and using my environment**

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| 3  to 4 | 1  to 3 | - exploring and knowing my immediate environme nt | - taking care of myself for proper growth and development | - i can identify people, animals, plants and other things at the learning centre. | * naming people, animals and plants in the learning centre. * classifying animals according to types e.g wild and domestic animals and birds. * sorting between living and non- living things. e. trees, flowers, grass, food crops, medicinal plants and fruits. * classifying animals according to types e.g talking about their uses to us. * talking about each of the identified items needed for   growth. | * discussion * demonstra tion * explanatio n * role playing | * naming people, animals, plants and birds * sorting | * flash cards * plants * charts | lfw pg 19 |  |
| 5  to | 1  to | - exploring and knowing my immediate | - taking care of myself for proper growth and development | - i can identify people, animals and other things at the learning centre | - painting, making mosaic, drawing, cutting and pasting pictures of | * discussion * demonstra tion * explanatio   n | * naming plants * playing * pasting * tearing | * cut outs * glue * scissors | lfw pg 19 |  |



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| 6 | 3 | environme nt |  |  | animals, plants, insects and birds.   * talking about each of the identified items needed for growth. * tearing * playing games like jig-saws, lotto, domino about animals * discovering animal homes   e.g under stones, on trees  and walls | - role playing | - transplanti ng |  |  |  |
| 7  to 8 | 1  to 3 | - knowing and appreciatin g important places in my environme nt | - taking care of myself for proper growth and development | - i can report about important places in the environment | * visiting these places in the environment * drawing, tracing, completing and colouring the picture. * singing religious and cultural songs * telling stories about the things and places. * asking questions dealing with what, why, how and when about places visited. * role playing   doctor, nurse, | * discussion * demonstra tion * explanatio n * role playing * discovery | * visiting places * drawing * tracing * completing | * glue * crayons * chart | lfw pg 20 |  |



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|  |  |  |  |  | shopkeeper, priest, teacher, local leaders. |  |  |  |  |  |
| 9  to 10 | 1  to 3 | - experiment ing and understand ing the concept of movement in the environme nt | - taking care of myself for proper growth and development | - i can recite the use of wheels to movement | * observing and naming * comparing sizes, colour number and kinds of wheels * talking about their colouring, painting , making collage to make wheels. * making, cutting, s ticking and printing wheels. * construction using wheels, round objects * playing games involving movement * reciting rhymes and singing   songs | * discussion * demonstra tion * explanatio n | * colouring * painting * cutting * sticking * printing * reciting rhymes * singing songs | * crayons * paint * cutters * scissors | lfw pg 25 |  |